



**Mrs Benners Bar  
Sandwich Menu  
Served Daily 12pm-5pm**

**Dressed Ted Browne's Crab, Old Bay Seasoning, Red Pepper, Fresh Herbs (A)**

On Homemade Brown Soda Bread **€12.00** (1- Wheat, 2, 3, 4, 7)

**Toasted Roast Chicken on Malted Bloomer (A)**

Rosemary Stuffing, Rocket, Homemade Roast Garlic Aioli **€10.00** (1- Wheat, 3, 6, 7)

**Chargrilled Roast Beef Sandwich (A)**

On Sourdough Bread, Roast Rib of Beef, Caramelised Onion, Porter Cheddar, Relish

**€10.00** (1- Wheat, 3, 7)

**Mrs Benners "Monte Cristo" (A)**

Our Version of the American Classic French Toast Sandwich. Maple Glazed Smoked Bacon, Temple Gall Cheese, Dijon Mustard and Mayo. **€10.00** (1- Wheat, 3, 7 10)

**Warm Falafel Flatbread (Vegan Option Available)**

Beetroot Raita, Cucumber, Red Onion, Roast Peppers, Baby Leaves, Crumbled Feta. **€10.00** (1- Wheat, 7)

**Open Smoked Salmon (A)**

On Homemade Brown Soda Bread, Citrus Cream Cheese, Salsa Verde. **€12.00**

(1- Wheat, 3, 4, 7)

**Sandwiches (A)**

Choose from Ham, Beef, Chicken, Salad, Cheese and Tuna. Freshly Cut on Whole-wheat, White or Open Brown Soda Bread **€6.00**

**Toasted €7.00      In a Wrap €8.00**

**Add a Cup of Soup to any Sandwich €3.00**

**Add a Portion of Chips to any Sandwich €2.00**

**Add a Cup of Chowder to any Sandwich €5.00**

Contains: 1) Gluten, 2) Crustaceans, 3) Eggs, 4) Fish, 5) Peanuts 6) Soybeans, 7) Milk, 8) Nuts,  
9) Celery, 10) Mustard, 11) Sesame Seeds, 12) Sulphur Dioxides, 13) Lupin, 14) Molluscs

"A" = Adaptable to Gluten Free

**Dingle Benners Hotel Main St., Dingle, Co. Kerry 066 915 1638**