



Dingle Benners Hotel Salad & Sandwich Menu 12.30pm-5pm

Add a Cup of Soup to any Sandwich €3.50

Add a Portion of Chips to any Sandwich €3.00

Add a Cup of Chowder to any Sandwich €5.50

Jalapeno Popper Grilled Cheese (A) - €10.00 Add Bacon or Chicken - €2 Supplement

Jalapeno and Spring Onion Cream Cheese, Hegarty's Cheddar and Edam. Salsa Ranchero Dip (1-Wheat, 7)

Barbacoa Beef Burrito - €14.00

Slow Cooked Barbacoa Beef Brisket, Braised Rice, Smoky Beans, Sriracha, Baby Spinach, Feta

Vegetarian and Vegan Version available (1-Wheat, 7)

Traditional Egg and Cress (A) - €9.00

Devilled Egg Mayo, Fresh Cress, Homemade Brown Soda Bread (1-Wheat, 3, 7)

Pan Seared Beef Meatball Sub - €12.00

Soft Brioche Roll, Homemade Beef Meatballs, Mozzarella, Tomato-Chilli Sauce, Rocket and Almond Pesto (1-Wheat, 3, 7, 8-Almonds)

Greek Marinated Chicken Gyros (A) - €10.00

Marinated Chicken Thigh, Baby Gem, Tzatziki, Cherry Tomato, Cucumber, Red Onion, Toasted Seeds, Lemon and Warm Flatbread (1-Wheat, 6, 7, 11)

Salmon Fish Finger Sandwich - €14.00

Goujons of Fresh Salmon in a Gremolata Crumb, Lettuce, Tomato, Red Onion, Sweet Dill Mayo (1-Wheat, 3, 4, 7, 11)

Harissa Chicken Salad (A) - €16.00

Muhamarra, Persian Rice, Smoked Almonds, Cranberries, Red Onion, Cucumber, Radish, Mint, Feta, Crunchy Baked Pitta Strips (Vegetarian and Vegan Version Available) (1-Wheat, 8- Walnuts)

Burkes Handmade Black Pudding Salad (A) - €16.00

Chorizo, Potato, Beetroot, Toasted Seeds, Apple, Seasonal Leaves, Honey and Wholegrain Mustard Dressing (1-Wheat, 7, 10)

Dingle Benners Hotel Lunch Menu

Wild Atlantic Way Seafood Chowder (A) – Small - €11.00 Large - €16.00 (4, 7, 9, 12, 14)

Homemade Soup of the Day - €8.00

Benners Patatas Bravas - €8.00

Seasoned Fried Potatoes, Tomato-Chilli Sauce, Homemade Garlic and Herb Aioli (7, 10)

Crispy Chicken Tikka Spring Roll - €11.00

Handmade Mildly Spiced Spring Roll, Roast Pineapple and Lime Salsa, Chilli Oil (1-Wheat, 3, 7, 10)

Smoky Beans on Toast (A) - €10.00

Cassoulet of Cannellini, Haricot and Pinto Beans, Tomatoes, Garlic, Smoked Paprika, Cumin. Feta Cheese, Za'atar Toasted Sourdough (Vegan Option Available) (1-Wheat, 7)

Traditional Thai Peanut Satay (Vegan)(A) - €17.00

Roasted Cauliflower, Butternut Squash, Peppers, Spinach and Chickpea, Braised Coconut Rice, Fruit Pickle, Won Ton Crisp (1-Wheat, 6, 5-Peanuts, 11)

Add Chicken - €22.00 (1-Wheat, 6, 5-Peanuts, 11)

Add Prawns - €26.00 (1-Wheat, 2, 6, 5- Peanuts, 11)

Crunchy Chilli Chicken Burger - €18.00

Marinated Chicken Thigh in a Crunchy Chilli Crumb, Ranchero Sauce, Tomato, Pineapple, Chipotle Mayo, Emmental Cheese, Toasted Bap. Hand Cut Fries (1-Wheat, 3, 6, 7, 9)

Polenta and Parmesan Crusted Fillets of Lemon Sole - €23.00

Marinated Cherry Tomatoes, Fried Potatoes tossed with Old Bay Seasoning, Garlic and Herbs.

Homemade Tarragon-Chervil Dip (3, 4, 7)

Mussel and Prawn Rigatoni - €22.00

Fennel, Chorizo, Pastis, Chilli, Spinach, Creamy Vine Tomato Sauce, Parmesan Shavings, Pesto Bread (1-Wheat, 2, 7, 9, 12, 14)

Contains: 1) Gluten, 2) Crustaceans, 3) Eggs, 4) Fish, 5) Peanuts 6) Soybeans, 7) Milk, 8) Nuts,

9) Celery, 10) Mustard, 11) Sesame Seeds, 12) Sulphur Dioxides, 13) Lupin, 14) Molluscs

"A" = Adaptable to Gluten Free

Dingle Benners Hotel, Main St., Dingle, Co.Kerry 066 915 1638 www.dinglebenners.com