



## LUNCH MENU

Served 12.30pm-3pm

### **Chefs Homemade Soup of the Day (A)**

€6.00

### **Wild Atlantic Way Seafood Chowder (A)**

Small; €9.00

Large; €15.00 ( 2, 4, 7, 9, 12, 14)

### **Dressed Ted Browne's Crab, Crème Fraiche, Citrus, Herbs (A)**

On Homemade Brown Soda Bread €14.00 (1- Wheat, 2, 3, 4, 7, 10)

### **Chargrilled Roast Beef Sandwich (A)**

On Sourdough Bread, Roast Rib of Beef, Caramelised Onion, Porter Cheddar, Relish

€10.00 (1- Wheat, 3, 7)

### **Benners Burrito (Vegetarian/Vegan Option Available)**

Mexican Style Chicken Tinga, Crispy Chorizo, Manchego Cheese, Veggie Slaw, Rice,

Spicy Mayo, Tomato-Chilli Jam €10.00 (1- Wheat, 6, 7, 10)

### **Open Smoked Salmon (A)**

On Homemade Brown Soda Bread, Citrus Cream Cheese, Salsa Verde. €12.00

(1- Wheat, 3, 4, 7)

### **Sandwiches (A)**

Choose from Ham, Chicken, Salad, Cheese and Tuna. Freshly Cut on Whole-wheat, White or Open Brown Soda Bread €6.50

Toasted €7.50

In a Wrap €8.00

**Add a Cup of Soup to any Sandwich €3.00**

**Add a Portion of Chips to any Sandwich €2.50**

**Add a Cup of Chowder to any Sandwich €5.00**

Contains: 1) Gluten, 2) Crustaceans, 3) Eggs, 4) Fish, 5) Peanuts 6) Soybeans, 7) Milk, 8) Nuts,  
9) Celery, 10) Mustard, 11) Sesame Seeds, 12) Sulphur Dioxides, 13) Lupin, 14) Molluscs

"A" = Adaptable to Gluten Free

**Dingle Benners Hotel, Main St., Dingle, Co.Kerry 066 915 1638**

**[www.dinglebenners.com](http://www.dinglebenners.com)**



**LUNCH MENU CONTD.,**  
**Served 12.30pm-3pm**

**Pil Pil Prawns (A)**

Bay Prawns, Garlic Butter, Chilli and Samphire. Homemade Breads.

**Starter €14.00**

**Main Course €24.00** (1, 2, 7)

**Thai Marinated Beef Salad**

Rice Noodles, Crunchy Vegetables, Pak Choi, Toasted Cashews, Ginger-Chilli Dressing

**Starter; €10.00** (6, 8-Cashew Nuts, 11)

**Main Course; €14.50**

**8oz Dexter Beef Burger (Please allow 20 mins cooking time)**

Toasted Bap, Crispy Onions, Bacon Jam, Sneem Gouda, Chefs Burger Mayo  
Homemade Vegetable Slaw and Hand Cut Fries

**€18.00** (1, 3, 7, 10)

**Deep Fried Catch of the Day (A) (15 mins cooking time)**

Sea Salt and Malt Vinegar Batter, Tartare Sauce and Hand Cut Fries.

**€17.00**

(1- Wheat, 3, 4, 7, 12)

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9) Celery, 10) Mustard, 11) Sesame Seeds, 12) Sulphur Dioxides, 13) Lupin, 14) Molluscs

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