



Mrs Benners Bar Food Menu – Served daily 12.30pm – 8.45pm

Chefs Homemade Soup of the Day

Served with a Selection of Bread

€8.00 (1, 7, 9, 11, 12)

€4.00 Cup (1, 7, 9, 11, 12)

Wild Atlantic Way Seafood Chowder

Salmon, Hake, Prawns, Mussels, Served with a Selection of Bread

Cup €8.00 (1, 2, 4, 7, 9, 11, 12, 14)

Small €13.00 (1, 2, 4, 7, 9, 11, 12, 14)

Large €19.00 (1, 2, 4, 7, 9, 11, 12, 14)

House Salad

Seasonal Leaves, Chickpeas, Pomegranate, Carrot, Pickled Cucumber, Feta, Red Cabbage, Seeds, Herb Oil

Starter €12.00 (10, 11, 12)

Feta & Hummus Crostini, Crispy Brie & Goats cheese

Pistachio, Beetroot, Crispy Onion & Seasonal Leaves

Starter €14.00 (1, 3, 7, 8, 10, 11, 12)

Atlantic Prawns Two Ways

Crispy Prawns & Sautéed with Chimichurri Dressing, Dressed Leaves, Carrot, Pickled Red Cabbage, Pickled Cucumber, Sriracha Aioli

Starter €17.00 (1, 2, 3, 7, 10, 12)

Benners Chicken Wings

Served with Blue Cheese Mayo, Chives, Sesame Seeds & Celery

Choice of BBQ or Buffalo Sauce

Starter €14.00 (1, 4, 7, 9, 11, 12)

Main Course €19.00 (1, 4, 7, 9, 11, 12) **Served with Skinny Fries**

Oak Smoked Salmon & Prawn Salad

Beetroot, Pomegranate, Cucumber, Samphire, Fennel, Caper Salsa, Served with a Selection of Bread

Starter €17.00 (1, 2, 3, 4, 7, 10, 12)

Chicken Caesar Salad

Piri Piri Chicken Breast, Crispy Bacon, Baby Gem Lettuce, Parmesan, Croutons & Caesar Dressing

Starter €14.00 (1, 3, 4, 7, 10, 12)

Main Course €19.00 (1, 3, 4, 7, 10, 12) **Served with Skinny Fries**

Tournafulla Black Pudding Salad

Nduja, Crispy Potato, Beetroot, Pomegranate, Toasted Seeds, Apple, Seasonal Leaves, Garlic & Herb Aioli

Starter €13.00 (1, 3, 6, 7, 8, 10, 12)

Main Course €18.00 (1, 3, 6, 7, 8, 10, 12)

Authentic Soft Corn Hake Tacos

Crispy Hake, Baby Gem, Pickled Red Cabbage, Cucumber, Crispy Onions,

Lime & Coriander **€19.00** (1, 3, 4, 7, 9, 11, 12)

Served with Sweet Potato or Skinny Fries

Main Street, Dingle, Co. Kerry, Ireland V92 FTK2

T: +353 (0) 66 915 1638 | E: reservations@dinglebenners.com

www.dinglebenners.com



**Dingle
Benners
Hotel**

Buttermilk Chicken Burger

Coronation Dressing, Baby Gem Lettuce, Pickled Red Cabbage, Pomegranate, Coleslaw & Skinny Fries
€19.00 (1, 3, 4, 7, 10, 11, 12)

Benners Beef Burger

Caramelised Onions, Mozzarella, Rocket, Tomato, Jalapeno & Herb Aioli, Coleslaw & Skinny Fries **€22.00** (1, 3, 7, 10, 12)

Bangers & Mash

Tournafulla Sausages, Spring Onion Mash & Pearl Onion Gravy
€18.00 (1, 7, 12)

Golden Fried Catch of the Day (180g)

Garden Peas, Tartar Sauce & Chunky Fries
€25.00 (1, 3, 4, 7, 10, 12)

Pan-fried Catch of the Day (200g)

Garden Peas, Tartar Sauce & Chunky Fries
€27.00 (1, 3, 4, 7, 10, 12)

Creamy Chicken Linguini

Smoked Bacon, Spinach, Parmesan, Cashew Nuts & Herb Oil
€24.00 (1, 7, 8, 12)

Atlantic Prawn, Mussel, Nduja & Spinach Linguini

Coriander, Lemon, Chilli, Confit Garlic, Herb Oil
€28.00 (1, 2, 7, 8, 12, 14)

Prime Hereford Striploin

Chestnut Mushroom, Pearl Onions, Broccoli, Carrot Puree, Peppercorn Sauce or Garlic Butter & Chunky Fries
€38.00 (7, 12) **Add Sautéed Garlic Prawns** (2, 7, 12) **€10 Supplement**

Vegetable Thai Red Curry

Baby Corn, Cauliflower, Tenderstem Broccoli, Chickpeas, Spinach, Sugar Snaps, Sesame Seeds, Coriander, Cashew Nuts, Raita, Served with Poppadum & Rice
€21.00 (1, 5, 6, 7, 8, 9, 11, 12)

Add Chicken €24.00 (1, 2, 5, 6, 7, 8, 9, 11, 12)

Add Prawns €28.00 (1, 2, 5, 6, 7, 8, 9, 11, 12)

Chunky Fries €5.00

Champ Potato €5.00

Skinny Fries €5.00

Sweet Potato Fries €5.00

Vegetables of the Day €6.00

Most of our dishes are adaptable to Gluten Free, please ask your server for more details.

Contains: 1) Gluten, 2) Crustaceans, 3) Eggs, 4) Fish, 5) Peanuts 6) Soya Beans, 7) Milk, 8) Nuts, 9) Celery, 10) Mustard, 11) Sesame Seeds, 12) Sulphur Dioxides, 13) Lupin, 14) Molluscs

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